# St. Osmund's Newsletter

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Week 3.4 – Monday 28<sup>th</sup> January 2019





## Life Education

This week we welcome the Life Education Bus to St Osmund's for their annual visit. Life Education is part of Coram Life Education; they provide health, wellbeing and drugs education to almost half a million children across the UK, delivered under the strapline 'Helping Children Make Healthy Choices'. Children will experience fun, engaging and memorable lessons around many different aspects of education about life. Our children will meet Harold the Giraffe puppet ('Healthy Harold') and friends, have discussions and watch short films about healthy eating, legal and illegal drugs and their effects, the body and how it works, friendships and their influence, and how choices and behaviours can affect children's health and education outcomes. The aim is to challenge social norms - misperceptions of peers' engagement with risky behaviour - to engender more positive behaviours. The learning is, of course, progressive and age-appropriate.

Please see our website (Our Learning ---- PSHE) for a link to the Life Education Curriculum which forms a key part of our PSHE (Personal, Social and Health Education) curriculum.

### School Meals / Kitchen Update

I want to apologise for the on-going disruption we are experiencing in our school kitchen. This is not the fault of Sodexo, the kitchen staff or the school, but is a result of a series of failures in the new equipment that was installed in the summer. Whilst we would love to provide a wider range of hot meals, due to health and safety legislation we are unable to. We sincerely hope that we can return to normal as soon as possible and I will keep you informed. There will be a revised menu this week - information will be sent out via texts and emails.

#### **World Book Day**

World Book Day is fast approaching - this year it is on Thursday 7<sup>th</sup> March. At St Osmund's we will be focusing on an author - widely regarded as Britain's national poet – William Shakespeare. In all the year groups, we will be focusing on his play, 'A Midsummer Night's Dream'.

We have taken the decision not to dress up this year. Reading is vital for children's future development and success, so therefore, we do not want to diminish the importance of reading by making it more about what we wear, than what we read. Reading is an exciting opening into a world of imagination and knowledge. I would love your child to bring in their favourite book on 7<sup>th</sup> March instead – they can then tell all their friends why they love it so much!

A gallery of work will be available for you to see at the end of that week. There will also be a Bedtime Story Session – more details to follow.

#### **Zero Waste Lunches**

Once the kitchen returns to normal operation (which we sincerely hope will be very soon) we will be starting a campaign for Zero Waste Lunches. This follows on from the promises made by our children in the KS2 Carol Service where they committed to a mission of looking after creation; our planet. Watch this space! In the meantime, Year 6 pupils are collecting empty/used crisp packets for recycling remind your child to post them in the recycling box outside the hall!

#### Head Lice

There has been a further outbreak of head lice recently. In order to keep outbreaks to a minimum, hair must be checked regularly. If lice are spotted, they must be treated immediately and there is no need to keep your child off school. Please go to the www.onceaweektakeapeek.com for advice and speak to your pharmacist if you are struggling to get rid of lice.

#### **Golden Book Awards**



Rec: The whole class! Yr 1: Lola and Tommy

Yr 2: Arya and Dominik

Yr 3: Alan and Isona

Yr 4: Connor and Ronnie-May

Yr 5: Hamish and Julia Yr 6: Benjamin and Lindo



# Dates for your diary...



- 28/01/19 ~ Life Education Bus (3 days)
- 29/01/19 ~ Year 5 Class Mass ~ St Osmund's Church ~ 9:45am
- 04/02/19 ~ Year 3 trip to Tutankhamun Museum, Dorchester
- 06/02/19 ~ Years 1 & 2 Fundamentals Festival
- 15/02/19 ~ Community Mass ~ School Hall ~ 9:45am
- 15/02/19 ~ Break-up end of Term 3
- 25/02/19 ~ School re-opens for Term 4
- 26/02/19 ~ Parents' Evening 1 of 2
- 27/02/19 ~ Parents' Evening 2 of 2
- 07/03/19 ~ World Book Day ~ more details to follow
- 02/04/19 ~ Primary Live Years 3 and 4 ~ City Hall ~ 12:45pm
- 05/04/19 ~ Break-up end of Term 4 (for Easter Holidays)
- 23/04/19 ~ School re-opens for Term 5

With all best wishes,



Mr R Sanderson Headteacher

We have had a large number of Flu and cases of Fever and high temperature recently - both children and staff. As I am sure you know, it has been quite an issue for a number of schools; at one point in the last two weeks, we had over 10% of the school off.

As always though, it depends on how your child is feeling - Flu is not pleasant and rest at home is the best remedy.

For minor coughs and colds, School Nurse advice is to send your child in to school... but with Sickness and Diarrhoea, keep them at home for 48 hours after the last episode.

# St Osmund's Catholic Primary School

Love for God ~ Love for Each Other ~ Love for Learning